

# Trinity Trumpet NOVEMBER 2021



**Sunday Morning Worship  
at 9:00am**

Sunday services are available on our FB page  
and website: [trinityspooner.org](http://trinityspooner.org)

## NOVEMBER WORSHIP SCHEDULE

**November 7**

"All Saints Day"  
Worship at 9:00 am  
and 10:30 am

**November 14**

"Blaze Orange  
Sunday"

**November 21**

"Christ the King  
Sunday"

**November 28**

"First Sunday  
of Advent"



## FROM OUR PASTOR

"God won't give you more than you can handle..."

It's a phrase we've all heard ourselves or someone else say. Oddly, I can't seem to find that verse in the Bible.

I'm guessing Job would take exception to that cliché.  
So would Joseph.  
And Paul.

What we can find in scripture is from Paul's letter to the church of Corinth. *"We were under great pressure, far beyond our ability to endure, so that we despaired of life itself..." 2 Corinthians 1:8*

Why would God allow Paul (or even us) to experience hurt more than we can handle?  
Read on. *"...so that we might not rely on ourselves but on God." 2 Corinthians 1:9*

Truth?  
Cancer can be more than we can handle.  
So can infidelity  
caregiving  
rejection  
death  
and loss  
and grief  
and prodigal children  
and 101 other life struggles.

God doesn't expect YOU to handle it.

God wants us to hand it over -- to GOD.

God doesn't want you relying on your strength, but on God's.  
If we keep walking around thinking  
"God won't give me more than I can handle,"  
we're setting ourselves up for a possible heavenly disappointment.

Good news? God beckons for each of our burdens,  
*"Cast your cares upon Me..." 1 Peter 5:7*  
You will never know relief until you do.  
For this hard place, each of us has Jesus!



*Pastor Heather*

**SERVICE HELPERS ARE NOW SCHEDULED!**

Now that we are back to church worshipping in-person, we will once again begin to schedule service helpers by the month. If you are scheduled and are unable to serve, we ask that you contact someone to replace you and inform the office of the change. The November Schedule is in the Trumpet on [page 14](#).

**OFFERING COUNTERS NEEDED!**

We're looking for 4 to 6 people (more would be better!) to assist with counting offerings on Monday mornings. Contrary to what you may have heard, you don't need a PHD in mathematics to be able to do this important task for Trinity. The ability to use a calculator and a willingness to learn is all that you need. It takes, on average, about 30-60 minutes to complete. We have adhered to the Monday morning time slot so that offerings are in the bank vault a minimum amount of time, and the money is deposited, by Julie, in a timely manner. The only other requirement, which is stated in our policy, is that two people from the same family can't count on the same day.

Gloria Thue and Allyn Graap have taken this on for **SEVERAL YEARS** and it's time to give them a break! We appreciate their dedication to serving Trinity "behind the scenes" in this way and we want to give them a huge THANK YOU!!

Please consider assisting for even a few weeks per year. The more volunteers there are, the more flexible the schedule will be. Thank you for your consideration!

Board of Trustees



Daylight Saving Time Ends on November 7.

Remember to turn your clocks back one hour before going to bed on Saturday, November 6!



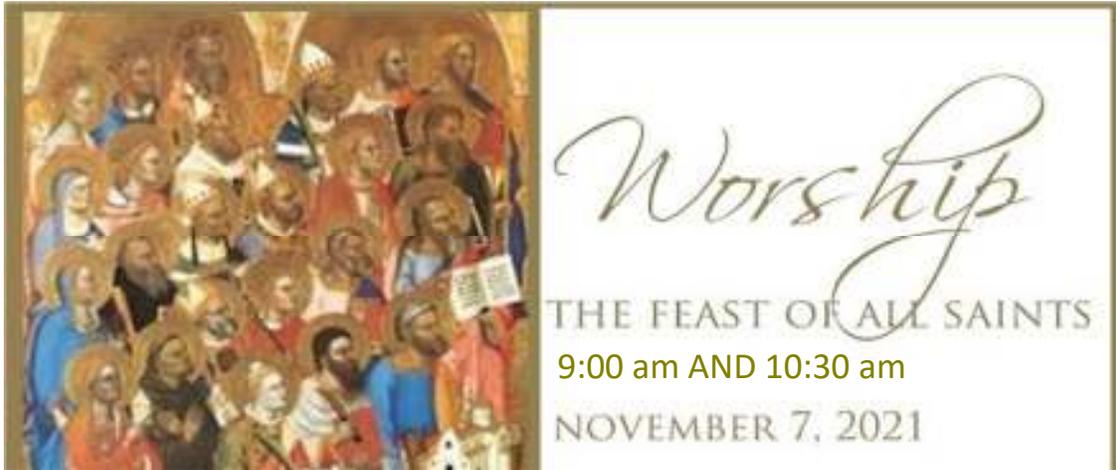
**LAST CALL FOR OFFERING ENVELOPES**

We are preparing the 2022 Offering Envelopes. Members who want envelopes are asked to contact the Church Office by November 12, 2021 if they wish to receive them for 2022. Currently, we only have 14 members who have requested offering envelopes. Krista, our Bookkeeper, will be finalizing the envelopes after November 12.

Thank you!

Krista and Julie in the church office





Come light a candle in loving memory of one close to you.

**“We Give thanks to God!” Psalm 9:1**

*‘Give Thanks’  
Selfie Station*

Wear your  
blaze orange or camouflage!

*Includes:  
Harvest  
Decorations  
& Wild  
Refreshment  
Snack Bag*

**Blaze Orange  
In-Person  
Outdoor  
Worship**

**Sunday, November 14  
9AM**

EPHESIANS 3:19 CEV  
I want you to know all about Christ's love, although it is too wonderful to be measured. Then your lives will be filled with all that God is.

*Grades 8-12*

Youth & Parent Informational Meeting

*Sunday, November 14*

*6pm*

*At Trinity; Fellowship Hall*

**boundless**  
GOD BEYOND MEASURE

2022 ELCA YOUTH GATHERING

July 24-28 | Minneapolis, MN

[gathering@elca.org](mailto:gathering@elca.org) 888-411-3522 [elca.org/gathering](http://elca.org/gathering)

MYLE  
MULTICULTURAL  
YOUTH LEADERSHIP  
EVENT OF THE ELCA



PRE-GATHERING EVENTS  
JULY 21-24



the tAble  
AN ELCA GATHERING  
OF YOUTH  
WITH DISABILITIES

[fb.com/youthgathering](https://fb.com/youthgathering) [@elcagathering](#)

Evangelical Lutheran Church in America  
God's work. Our hands.

#ELCAYG2022

## JOIN THE CHOIR

Choir members not only harmonize their voices, they also **synchronize their heartbeats**. Researchers in Sweden monitored the heart rates of singers as they performed a variety of choral works. They found that as the members sang in unison, their pulses began to speed up and slow down at the same rate. When you sing in a group, whether it's a large choir or a smaller group, **the act of collective singing causes your body to release endorphins**. This hormone can help promote positive feelings, and even change your perception of pain. The way singing requires you to breathe makes you do just that, **increasing your lung capacity** as well as engaging the muscles around the ribcage. "The controlled nature of breathing in singing increases lung capacity and can also **help people who are on a road to recovery**."



The Bible never says, let those who have beautiful voices sing, as if natural talent were required to praise God. The Bible just says "Sing!" There are at least 50 commands to sing: sing to the Lord, sing praises, sing joyfully, sing a new song. Come into God's presence with singing. The word sing appears in the scriptures **over 400 times!**

## Caring Card Tree



*"Therefore encourage one another and build one another up, just as you are doing." 1 Thessalonians 5:11*

**In the narthex, there is a tree with names of people who need some extra "TLC"**

**Next to the tree is a table with blank cards and stamped envelopes**

- 1. Select a name from the tree*
- 2. Select a card & stamped envelope*
- 3. Fill out the card*
- 4. Address and Mail or return the card*

Advent Midweek

Soup Supper  
5pm-6pm

The soup will be prepared by our WELCA women, while being served by our children, youth and their families



Midweek Advent Services  
Wednesdays, 6:30 p.m.  
December 4, 11, 18

# A CHARLIE BROWN Christmas

**December 19 Sunday School Christmas Program**

High School Youth

Sunday, December 19

High School youth will assist with worship and then go out for breakfast afterward





### COOKIE WALK December 4 at 9am

Pull out the cards, cookbooks, and your internet resources for those favorite Christmas cookie recipes and let the baking begin! The annual Cookie Walk will be held on Saturday, December 4. Bakers are asked to pre-package all cookies in SNACK sized bags and have them at the church Friday morning. Please be sure there is a tag somewhere with the cookie name and any specific ingredients that should be noted on our display cards.

### MISSION SUPPER

Thank you to everyone who supported this year's Mission Supper. With the use of a Thrivent Action Team grant and your contributions, we had no expenses, so our missionaries in Tanzania, Steve and Bethany Friberg and Lutheran Disaster Response will share the full income amount of \$2100. Your willingness to improvise and give generously



### CALLING ALL THOSE WHO PRAY

We would like to hear from you and how the Power of Prayer has affected you in some way. This monthly article, *Power of Prayer* is 250 words or less which includes scripture, tells a story that connects to the scripture and closes with a prayer. We hope to hear from a new writer each month. We all have faith stories to share, and this is a great way to share HIS Word!

I pray you will consider sharing your prayer story by writing an article for this section of the Trumpet. Be Bold! Pray about it! Be ready to share God's Word through a prayer story.

Your Office Manager, Julie Rankila  
715-635-3603



## STEWARD OF THE SABBATH

PAT REIJO

Growing up, Sundays were a day of church then a family dinner at my grandparents and/or one of the proverbial "Sunday drives". While a large dinner with all the fixins' wasn't exactly restful for my grandmother, my cousins and I spent the afternoons, when the weather was good, outside playing games and running around the neighborhood. If we went on a drive, it was to visit other family members in a variety of areas in northern Wisconsin or to different parks with a picnic lunch. They're some of my fondest memories. It was definitely a simpler time.

Until I studied "keeping the Sabbath" in lay school, I didn't realize what the third commandment really means and how it relates to being God's steward. As Christians we believe that all we have and are belongs to God, including our time and bodies. If, after creating everything in the entire universe, God took the time to rest and enjoy His creation, doesn't it stand to reason that we should, one day a week, stop and enjoy His creation too?

The word Sabbath means "to cease". God wants us to take the time to cease our busyness, our physical and mental labor and let go of the stressful situations in our lives. God intended it to be a time for spiritual and biological renewal, not for catching-up on chores or getting ready for the coming week. There are two passages in the Bible that explain why we should keep and observe the Sabbath. In Exodus, it's tied to the story of creation, and because we're creatures made

in God's image, we're to rest as He did. The second passage, found in Deuteronomy, the command to "observe" the Sabbath is a reminder to the Israelites that they are no longer slaves who have to work seven days a week. It's a reminder of what God had done to secure their freedom and it should be a reminder to us of what Christ did to secure *our* freedom.

Psalm 127:2 says:

"It is vain that you rise up early and go late to rest, eating the bread of anxious toil; for (God) gives sleep to his beloved." So how do we as Christians



reclaim this sacred day of rest that our culture has desecrated and turned into just another day of working, shopping, doing? The first thing is to determine which day of the week will be your Sabbath. I'm sure most of us have always considered Sunday to automatically be the Sabbath, but it doesn't have to be. Consider our own Pastor and her schedule. If Sunday was the *only* day that could be called the Sabbath, our worship services would definitely be lacking without her there! And there are others- doctors, nurses, police officers, etc., whose schedules may not always allow for a Sunday Sabbath. So check your schedule and pick a day.

From there you need to decide how you'll keep or observe the Sabbath. It might sound easy to just cease doing everything,

(Continued on page 8)

### STEWARD OF THE SABBATH CONT.

but it's not and you need to have some purpose or structure, or you'll end up doing what you always do. As Americans, and Lutherans, we're hard-wired to be producers. It's not in our nature to do "nothing".

Here are some things that you might consider incorporating into your Sabbath time (some ideas taken from work by Wayne Muller):

- Take a walk or hike - connect with and appreciate God's creation. Snowshoeing, cross country skiing or biking would also be good options! Just don't turn it into a "workout".
- Practice thanksgiving - don't think about what's missing from your life, but be grateful for what you have. Say prayers of thanks throughout the day.
- Pamper yourself – take a nap, a leisurely bath or anything that relaxes you.
- Connect with family and friends – spend the day with people you love doing something fun and stress free (think board games, puzzles, outdoor games), make phone calls or write letters to those far away. Write cards to members of Trinity who you think could use a spiritual boost.
- Make a Sabbath box – put your to-do list, your keys, your wallet, or write down a concern and drop it in the box for the day. Give your worries up to God.
- Unplug – set aside a portion of the day (or the entire day) where your phone, computer, and TV are **OFF**. If Sunday is your Sabbath this could be a deal breaker for you football fans.
- Pray, read the Bible – connect with God and His Word.
- Read a book – make sure it's something you enjoy.
- Meditation, yoga or body prayer – connect with God's spirit that's in you.
- Take a leisurely drive – visit a park or somewhere in the area that you've never been before. If you have children, this may become one of their most treasured memories.

Our stewardship theme this year is "Stewardship is everything we do after we say, 'I believe'". If we believe God's promises, how can we **not** trust that His commandment to keep the Sabbath is full of love and care for us. It's His way of saying to us "Stop, slow down and smell the roses...just as I do."

May you become a steward of the Sabbath and find peace and rest in Christ our Lord.

#### LUTHER PARK BIBLE CAMP

Donations for the Luther Park Bible Camp capital campaign may be mailed or brought to the office through December 15 so they can receive the two matching funds which will end in 2021. Please make your check out to Trinity Lutheran Church with LPBC written on the memo line.

### TRINITY LUTHERAN COUNCIL MINUTES: SEPTEMBER, 2021

Trinity’s Council did not meet in September due to bad weather (tornado warning) and therefore met early in October. We will post October’s minutes next month once they are approved by the council in November.

### WEEKEND KID’S MEALS

Delivery of Weekend Meals for Kids is under-way once more. Trinity has been packing weekend breakfasts and lunches that are sent



home with children at Spooner Elementary School for several years. In addition, Saturday Meals are packed once a month to be distributed at the Food Pantry.

If you would like to help shop, pack, or deliver meals to the school, please indicate your interest on the time and talent sheets you received in the stewardship mailing. There will be an opportunity to pack some meals and learn more about the program on Sunday, November 21 at 10 am.

If you have questions, please contact Teri Schult. ([terischult@gmail.com](mailto:terischult@gmail.com) or 715-635-8997). Contributions can be made to WELCA with a memo for Weekend Meals.

### WASHBURN COUNTY FOOD PANTRY – WINTER NEEDS



Winter is coming and there is a community need for coats, jackets, and boots. Please consider donating a new or gently used item to the Washburn County Food Pantry. Collection boxes are located in the entry of the church, now through December.



### CANDY

Pastor Heather is in need of replenishing her candy bin for our Children’s Sermons. If you have any left over Halloween candy and don’t know what to do with it, please consider donating your sweet treats to the church candy bin.

*Thank you!*



The WELCA Board met on Monday, October 11, at 9:30 a.m.  
The following business was discussed:

### Thank you's

We want to thank Gary and Diane Hagler and Ken and Teri Schult for loading and delivering the boxes of quilts and kits to the Lutheran World Relief semi parked at Bethany Lutheran in Rice Lake on Saturday morning, October 9. Trinity's contributions included 190 quilts, 7 sewing kits, 126 school kits, 11 baby kits and 72 personal care kits!

### Reports

Wednesday Bible studies will be discontinued in November and December but will begin again in the new year.

Fair Trade candy bars, chocolate and some tea will be ordered to be on sale along with coffee products. **A reminder that the Fair Trade products will be sold after worship on the first Sunday of each month.**

### Business

Quilting days will be November 4, 11 and 18.

Circle leaders: Pick up a copy of the previous month's board minutes and treasurer's report prior to your monthly Bible studies. They will be located in the WELCA mailbox in the middle office. Print enough copies for your group's members.

It was suggested that our communication should extend to Trinity's Facebook page as another way to inform more women about our projects and events.

### Upcoming events

December 4 Cookie Walk, 9:00 until we run out

December 12 "Christmas Gathering" and prayer partner exchange

Watch the newsletter for times and places of the November and December circle gatherings. All women are welcome to attend any of the three Bible study/fellowship times.

**Next meeting will be November 8, 9:30 a.m. with Ruth Circle leading in devotions.**

Submitted by Dawn Olson  
Vice-president

**CONTACT INFORMATION**

Online Worship: FB, You-Tube, Website  
 E-MAIL: [trinitylutheranspooner@gmail.com](mailto:trinitylutheranspooner@gmail.com)  
 FACEBOOK: Trinity Lutheran Church, Spooner  
 WEBSITE: [www.trinityspooner.org](http://www.trinityspooner.org)  
 PHONE NUMBER: 715-635-3603

MISSIONARIES: Dr. Steve and Bethany Friberg

**COUNCIL EXECUTIVE BOARD**

President: Steve Clay  
 Vice President: Pat Reijo  
 Treasurer: Gary Hagler  
 Secretary: Sarah Slayton

**STAFF**

Pastor/Office Rev. Heather Kistner 715-635-3603  
 Office Mgr. Julie Rankila 715-635-6552  
 Bookkeeper Krista Lyons-Hartwig 715-790-0134  
 Choir Dir. Tamara Smith 715-645-0995

**FROM THE CHURCH RECORDS**

Baptized -493 Confirmed - 387

**TOTAL INCOME/EXPENSES TO DATE**

General Offering:	\$ 201,633
Other Income:	\$ 26,282
<b>Total Income</b>	<b>\$ 227,915</b>
Mission for Others	\$ 29,858
Our Church Expenses	\$ 179,503
<b>Total Expenses</b>	<b>\$ 209,361</b>
<b>Net</b>	<b>\$ 18,554</b>



**NEWSLETTER  
 ARTICLES  
 Due on  
 DECEMBER 15**

**WE ARE  
 THANKFUL  
 FOR GIFTS &  
 MEMORIALS**

- Money gift designated to the Mission Supper from Missy Wienbergen, Rich & Dee Noeldner, Sue Gerberding
- Money gift IMO Millicent Ferris designated to the Nat'l Youth Gathering from Linda Ferris
- Money gift IMO Audrey Schneider from Marlene Clay
- Money gift IHO Pastor Heather designated to the Women's Leadership Fund from the Council
- Money gift IMO Nora Ruud designated to the 100th Anniversary service from Kurt Ruud
- Money gift IMO Dave Markgren designated to children's ministry from Judi Durand
- Money gift designated to live streaming equipment from Mark & Cathy Reuter

**THANKFUL FOR OCTOBER HELP**

- Diane Hagler for our Trumpet cover and Confirmation photos
- Mary Benson for sharing her gifts of calligraphy
- Gloria Thue, Missy Wienbergen, Penny Cuskey & Cindy Fagerstrom for office help
- Jeanne Berglund, Sarah & Emory Slayton for packing Kids Meals
- Gloria Thue & Allyn Graap for offering counting
- Bill Callander & Diane Hagler for uploading and posting services
- Bill Callander for videotaping services

	<b>NOVEMBER SERVICE HELPERS</b>	<b>DATE</b>
Ushers	Stan and Mary Jean Johannes @ <b>9 am</b> Dave Huebner and Sarah Olson @ <b>10:30 am</b>  Glenn and Sandy Anderson Stan and Mary Jean Johannes Steve Clay and Ken Schult	November 7 November 7  November 14 November 21 November 28
Acolyte	Piper Sunderland @ <b>9 am</b> Carter Huebner @ <b>10:30 am</b>  Colton Siwicki Emory Slayton Max Morales	November 7 November 7  November 14 November 21 November 28
Reader	Scott Smith @ <b>9 am</b> Frank Killinger @ <b>10:30 am</b>  Mike Kistner Missy Wienbergen Teri Schult	November 7 November 7  November 14 November 21 November 28
Power Point	Jackie Callander @ <b>9 am</b> Julie Rankila @ <b>10:30 am</b>  Pat Reijo Diane Hagler Pat Reijo	November 7 November 7  November 14 November 21 November 28
Comm. Assts.	Karen Slaminski, Ann Peterson, Dawn Olson @ <b>9 am</b> Teresa Andraschko, Pastor Heather @ <b>10:30 am</b>  Gloria Thue, Sharon Laingen, Laura Kalisch	November 7 November 7  November 21
Altar Guild	Bill and Jackie Callander	November

# NOVEMBER CALENDAR

SUNDAY	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12pm Ruth Circle	2 10:30 am Music/Worship	3 Commitment Cards returned by today  (1-2:30 pm Grief Support)	4 9:00am LWR Quilting	5	6
7 <b>All Saints Sunday</b> LWR Coffee Sales 9 & 10:30 am <b>Worship</b> 10:15 Adult Book Study 10:15 SS	8 9:30am WELCA Board  6:00pm Council	9	10 10:00 am Trustees	11 9:00am LWR Quilting	12 10am Senior Singles Coffee	13
14 <b>Blaze Orange Sunday</b> 9am Worship outside 6pm Nat'l Youth Gathering info. Mtg (parents & 8-12th grd.	15 NEWSLETTER ARTICLES DUE	16	17 10:00 am Alar Guild – Sanctuary cleaning  6:00 pm Confirmation Mentor Meal	18 9:00am LWR Quilting  (1-4 pm Material Girls)	19	20
21 <b>Christ the King Sunday</b> 9am Worship 10 am Weekend Meals Event	22	23	24	25 Thanksgiving Holiday (Office Closed]	26	27
28 <b>1<sup>st</sup> Sunday of Advent</b>  9am Worship	29	30 (Foot Clinic)				

# NOVEMBER BIRTHDAYS



SUN	MON	TUE	WED	THU	FRI	SAT
	1 Charlotte Macone  Chance Davies  Abigail Smith  Bill Martinsen	2 Don Cuskey  Beth Bulgrin	3 	4 Kelly Richter	5 Missy Gauger	6 Ruth Skeie
7 Fran Ogren	8	9 Amy Schult	10 Maxine Wienbergen	11 Lucas Haynes  Joe Weiss	12	13
14	15	16	17 Tammy Todd	18 Nick Peterson	19 Quinn Johnson	20 Kyle Young
21 Sue Simundson  Pam Martin	22	23	24 Max Morales  Sharon Colbert	25 Angelo Giuliani  Dick Rubesch	26 JoAnn Wanek  Mike Kistner	27
28 Alice Simundson  Brent Griffeth	29	30				

